

**Holiday Living**  
Thanksgiving Guide  
Psalm 37:1-8

*1 Don't worry about the wicked  
or envy those who do wrong.*

*2 For like grass, they soon fade away.  
Like spring flowers, they soon wither.*

*3 Trust in the Lord and do good.  
Then you will live safely in the land and prosper.*

*4 Take delight in the Lord,  
and he will give you your heart's desires.*

*5 Commit everything you do to the Lord.  
Trust him, and he will help you.*

*6 He will make your innocence radiate like the dawn,  
and the justice of your cause will shine like the noonday sun.*

*7 Be still in the presence of the Lord,  
and wait patiently for him to act.*

*Don't worry about evil people who prosper  
or fret about their wicked schemes.*

*8 Stop being angry!  
Turn from your rage!*

*Do not lose your temper—  
it only leads to harm.*

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**Instruction**

*Don't worry about the wicked (vs.1)  
or envy those who do wrong.*

Worry: 'get heated or stirred up"

Wicked: Not those who disagree with you  
but those who live in disagreement with God.

We have to choose:  
Today, will I light a candle  
or will I curse the darkness.

**Unconditional Promise**

*For like grass, they soon fade away.  
Like spring flowers, they soon wither. (vs. 2)*

*\*\*God is watching and he keeps score*

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**Instruction**

*Trust in the Lord and do good. (vs. 3)*

**Conditional Promise**

*Then you will live safely in the land and prosper. (vs. 3)*

Live safely and cultivate.  
— free to be where you are.  
— free to be when you are.  
— free to be who you are  
— free to be who you are with.

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Introduce Prayer

Music

Sermon Part 2

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**Instruction**

*Take delight in the Lord, (vs. 4)*

**Conditional Promise**

*and he will give you your heart's desires. (vs. 4)*

Delight: take pleasure in (the Lord - not the gifts)

*\*\*When we delight in the gifts and not in the giver, it is idolatry.*

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**Instruction**

*Commit everything you do to the Lord. (vs. 5)*

Commit - roll off your burden.  
(Push the rock of your burden off the ledge of your 'self'.)

*Cast all your anxiety on him because he cares for you.*  
1 Peter 5:7

*I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.* Galatians 2:20

**Conditional Promise**  
*Trust him, and he will help you.* (vs. 5)

*5 Trust in the Lord with all your heart and lean not on your own understanding;  
6 in all your ways submit to him, and he will make your paths straight.*  
Proverbs 3:5-6

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**Instruction**  
*Be still in the presence of the Lord,* (vs. 7)

**Conditional Promise**  
*and wait patiently for him to act.* (vs. 7)

**S.T.I.L.L**  
**Say** it out loud.  
**T**ake the time.  
**I**t's not about me.  
**L**et it breathe.  
**L**isten to God speak.

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**Instruction**  
*Stop being angry!  
Turn from your rage!*  
*Do not lose your temper—* (vs. 8)

**Unconditional Promise**  
*it only leads to harm.* (vs. 8)